



APPLEWOOD
PREPARATORY SCHOOL

Nurturing Potential Inspiring Greatness

Welcome to the Pre-Primary

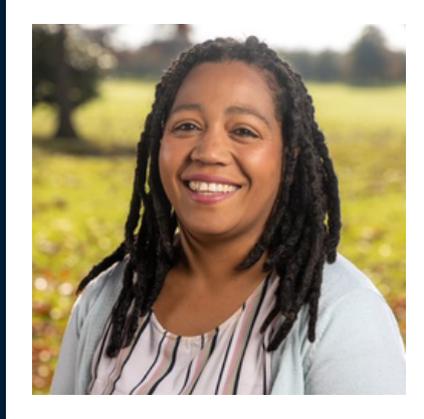


Good Roots Good Fruits

Meet your class teachers



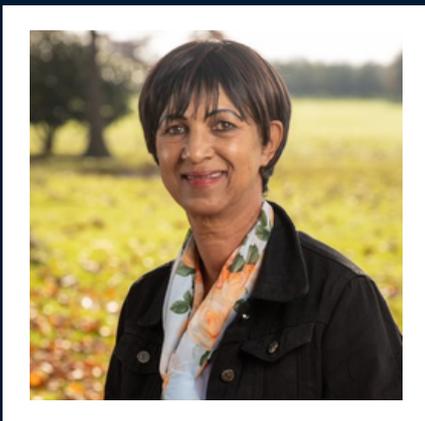
Miss Este Apollis
Apple Blossoms Teacher



Miss Felicia Hammer
Apple Blossoms Assistant



Miss Tanja Hill
Apple Pips Teacher



Miss Rachel Steenkamp
Apple Pips Assistant



Miss Liesl van Niekerk
Busy Bee's Teacher



Miss Simoné de Wet
PP Assistant

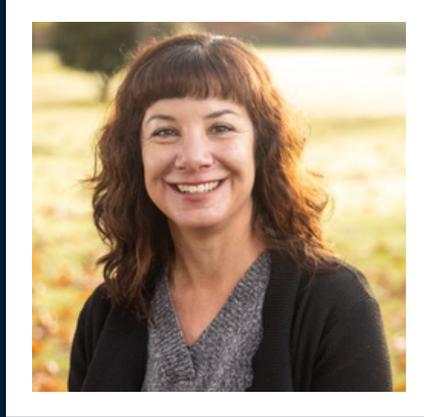


Mrs Maché Prinsloo
Clever Cats Teacher

School Administration



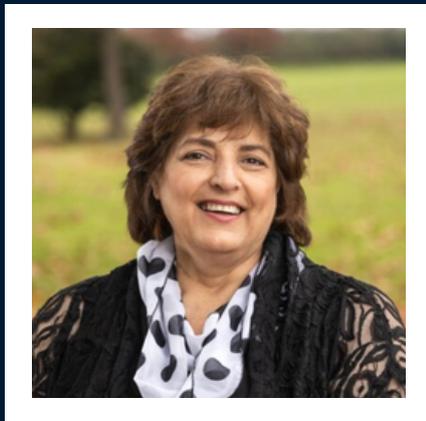
Mr Shane André
Headmaster



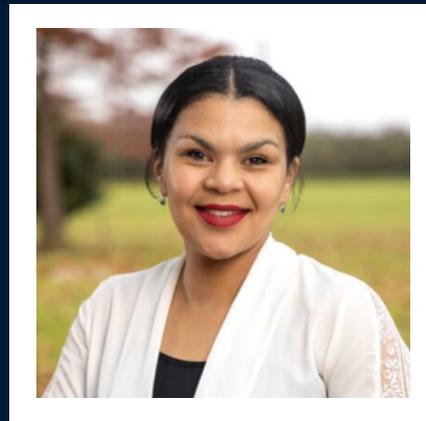
Ms Diane Tuttelberg
Deputy Head



Mrs Marisa Malan
Head of Academics
& Sport



Ms Charlotte Kruger
Financial Manager



Mrs Allison Klaason
School Secretary

Contact Information

Reception

☎ tel: 021 848 9121
✉ Email: info@applewood.co.za

Physical address

Applewood Preparatory School
Appletiser Road, Grabouw
Western Cape, South Africa



Communication Policy

- Please ensure that all communication initiated by a parent abides by the Applewood code of conduct of integrity, pride, respect and compassion.
- In order to ensure accurate information, please speak directly to your child's class teacher regarding any queries or concerns.
- Applewood's main conduit of information is the class WhatsApp group which is designed to distribute information and is not to be used as a chat group.
- In addressing a query or concern, please be sure to follow the correct channels of communications and escalate if necessary: first with the teacher, second with a relevant HOD, thirdly with the school head, and finally with the board.
- Parents should not contact teachers before 6am or after 6pm.
- Please respect our teachers' busy schedules and note that teachers may not be contactable during teaching hours. Direct any emergency communications to the school reception.
- Parents should pay close attention to official school letters, class WhatsApp groups, school calendars and school information evenings.
- Please ensure that all communication on class WhatsApp groups remains relevant and necessary.

*For more information, please refer to the full Applewood Communication Policy

Christian Ethos

Applewood Preparatory School is founded on strong Christian values that guide our teaching, relationships, and daily interactions. We strive to nurture each child's character alongside their academic growth, encouraging respect, integrity, compassion, and service.

Daily Programmes

Apple Blossoms (Grade K)

8h00 - 8h30	Fine and gross motor development
8h30 - 8h45	Morning circle
8h45 - 9h30	Art and movement
9h30 - 9h45	Snack time
9h45 - 11h30	Outside free-play combined with gross motor activities
11h30 - 11h45	Lunch time
11h45 - 12h00	Inside free-play
12h00 - 12h30	Storytime and pre-literacy activities

- PE/Swimming Lessons twice a week
- Music lessons once a week



Apple Pips (Grade 000)

8h00 - 8h30	Arrival & Morning Play
8h30 - 9h00	Morning circle
9h00 - 9h30	Movement
9h30 - 10h00	Snack time
10h00- 10h30	Outside free-play
10h30 - 11h00	Pre-numeracy activities
11h00 - 12h00	Art and / or cognitive activities
12h00 - 12h30	Storytime

- PE/Swimming Lessons twice a week
- Music lessons once a week
- Library sessions once a week



Busy Bees (Grade 00)

8h00 - 8h30	Arrival & Morning Play
8h30 - 9h00	Morning circle
9h00 - 9h30	Movement
9h30 - 10h00	Snack time
10h00- 10h30	Outside free-play
10h30 - 11h00	Pre-numeracy activities
11h00 - 12h00	Art and / or cognitive activities
12h00 - 12h30	Storytime

- PE/Swimming Lessons twice a week
- Music lessons once a week
- Library sessions once a week



Clever Cats (Grade R)

8h00 - 8h30	Arrival & Morning Play
8h30 - 9h00	Morning circle
9h00 - 10h00	Pre-literacy and pre-numeracy activities
10h00 - 10h30	Snack time
10h30 - 11h00	Outside free-play
11h00 - 12h00	Art and / or cognitive activities
12h00 - 12h30	Storytime and reflection

- PE/Swimming Lessons twice a week
- Music lessons once a week
- Library sessions once a week
- Helen O'Grady drama lessons 30 minutes week





Clothes & Schoolbags

Please make sure that the following items are in your child's bag everyday:

- A set of extra clothes (including underwear)
- Sunblock & a hat (Applewood Pre-Primary hats are for sale; please ask your class teacher for more information)
- Please ensure that all items in your child's bag (including clothing and shoes) are visibly marked
- Please remember to unpack and check the bag at home every day
- Please ensure that your child is wearing clothes that are allowed to get dirty during art, sensory or outside play

Snack Time

- Please pack a healthy balanced lunchbox for your child; no chips, sweets, cookies, fizzy drinks are allowed
- Please remember to pack a spoon/fork when packing food that can't be eaten with their hands e.g., yoghurt, noodles etc.
- Please ensure you pack food that your child enjoys eating
- If your child attends aftercare, please pack an extra lunchbox

Absentees

- Please notify the school and class teacher telephonically or through WhatsApp message if your child is unable to attend school
- As we follow a continuous programme packed with various interactive activities, we appreciate consistent attendance on a regular basis to avoid missing out on important learning opportunities

Contagious illnesses

- If your child has been ill, please keep them at home until they have been symptom and temperature-free for at least 24 hours
- Should your child fall ill at school, we will contact you immediately
- Please note that no medication will be given without parental consent and that we may not administer prescription medication
- If your child has lice/nits, they will only be allowed to attend school once they have been treated
- Please notify the school immediately if you notice lice/nits in your child's hair



Pre-Primary Events

At Applewood, we believe that we are able to promote the development of confident and well-rounded students through maintaining an active and diverse school timetable punctuated by a myriad of exciting events. This programme of exciting events and activities starts at the very beginning, in our Pre-Primary.

Throughout the school year, Applewood hosts a variety of functions such as Grandparents' Day, the Wacky Walk, Multisport and the Pre-Primary Concert. Many of these events, such as a Pre-Primary Concert, represent an opportunity or goal which we as a class and as individuals may work towards. These functions often entail invitations for parents or extended family to become involved in our school programme and celebrate the achievements and progress of our children.



Multisport

A prominent feature of the Applewood Sport Programme is the termly inter-house Multisport event. Multisport takes the form of a duathlon or triathlon and incorporates running, swimming and cycling. This is a key school event which is designed to teach the relevant technical transition skills and develop the stamina required to compete in this amazing sport. Students train for this event during sport sessions as well as PE lessons. Applewood is actively involved in local multisport events and encourages maximum student participation. The Pre-Primary hosts a small-scale multisport event which functions as a precursor to this exciting event.

Extra-curricular Activities

Applewood hosts a range of extracurricular and external programmes. These are to be arranged independently with the service-provider, and incur an additional cost. Please speak to your class teacher or our receptionist for more information.

Extra sport

Extra Pre-Primary sporting activities such as RSD Rugby and tennis are facilitated by Applewood after school hours.

Pre-Primary Activities

External programmes such as Dance Mouse and Monkey-nastic are privately offered at the Applewood Pre-Primary and focus on gross motor development. Private introduction to music lessons are available in the Pre-Primary through the company KleurKlassiek. For more information regarding these programmes and what they entail please speak to your class teacher.

Aftercare

Applewood facilitates a private aftercare programme on the school grounds. This is independently managed and should be arranged privately.



Learner Development

Applewood believes in a team approach when it comes to supporting and extending our children. Parents, teachers and assistants play a vital role in assisting our children to have the best possible chance at success. The purpose of this structure is to address the learning support needs of students through the coordination, development, implementation, monitoring and evaluation of educational programs. Our approach is based on the Response to Intervention (RTI) model; a 3-tiered system involving classroom differentiation, targeted classroom intervention and specialised intervention. This is a multi-tier approach for the early identification and support of students with learning and behavioural needs.

Applewood approaches learning support collaboratively with a team structure which includes the headmaster, the head of academics, the head of pastoral care, the learning leader of learner development, external consultants, class teachers, and parents. The purpose of this multi disciplinary team is to strategize and integrate a differentiated intervention approach and develop well-rounded, resilient students.

*For more information about Applewood learner support, please request a copy of our Learner Support or Facilitation Policy



The Role of the Applewood Parent

Applewood encourages parents to become as involved in their children's schooling as possible. In order to maintain said parental involvement, Applewood relies on the Parents Association (the PA) which consists of a group of volunteers from the school parent body. The role of the PA is to arrange functions to support and improve the community spirit of the school, and to function as a channel of communication between school staff and parents in general school matters (excluding personal or academic matters).

All parents are expected to pay close attention to school notices, communications, and parent class WhatsApp groups. Parents should also be aware of the school calendar including compulsory and non-compulsory school events (which may fall over weekends). Parents may additionally be invited to special assemblies or school events during the school day.

Academically, parents should pay close attention to their children's academic performance and flag any queries or concerns. Parents should also monitor the completion of homework and projects, as well as their children's involvement with school activities. However, parents are encouraged to ensure that their children's work reflects the child's best abilities, and are encouraged to lend only essential assistance in this regard.



School rules

It is a primary aim of Applewood that every member of the school community feels valued and respected, and that each person is treated fairly. The School is a caring community whose values are built on mutual trust and respect for all, all of which are underpinned by the school's Hurt Free policy. Our school values are compassion, grit, commitment, respect, self-control, integrity, gratitude, responsibility, accountability and initiative. All stakeholders involved or entering into the school community are expected to abide by these values. This includes teachers, learners and parents alike.

Applewood approaches discipline with a restorative philosophy in which we emphasize instilling positive interpersonal and intrapersonal behaviour first and foremost. This is achieved through various modes of encouragement and recognition of positive behaviour within the class and the broader school.

In the event of a transgression against the Applewood school values, disciplinary action may be taken. In the Pre-Primary, Applewood approaches discipline with the fundamental understanding that children should be allowed time to be heard. Additionally, children should be allowed time to reflect upon what they have done (in this sense, time-out or reflection time may be utilized). Applewood emphasizes the importance of conflict resolution rather than conflict dismissal. Above all, children should be given the opportunity to rectify their mistakes. All consequences that are put in place for misdemeanors should be efficient, action based, levelled, clearly understood, fair and reasonable.



A Letter from the Head



Dear Parents

It is my deep pleasure to welcome you to the Applewood family. I trust that you will find Applewood to be a loving, nurturing school whose teachers know that a child's socio-emotional wellbeing affects the quality of their learning.

Our youngest learners in the Pre-Primary are engaged in play-centered learning which is the most natural way for children to make sense of the world around them. Our desire is to instill within them a love for nature and the outdoors, and our open spaces encourages an appreciation for the environment whilst simultaneously promoting physical development and well-being.

Through the Junior Primary years, a love for our natural heritage is imbued, which culminates in the Enviro Challenge in the Senior Primary. Through active engagement in environmental conservation efforts our children develop a sense of responsibility and desire to care for our planet.

Our school values are central to the Applewood approach, all of which endeavour to empower children to be successful, as well as responsible and compassionate human beings.

As part of our commitment to nurturing well-rounded individuals, a range of formal sports activities are offered that not only promote physical fitness, but encourage teamwork, discipline, and perseverance. Additionally, our learners embark on a number of excursions and field trips that enable them to explore the world beyond the classroom.

We strongly believe that a culture of responsibility fosters personal growth and prepares our children for the challenges of high school. Our children are encouraged to adopt leadership roles, engage in service projects, and actively contribute to the school community.

Upon completing Grade 7, Applewood learners are well-prepared for both independent and public high schools where history has reflected our excellence across all spheres.

Warm regards,
Shane André

The Applewood Song

VERSE 1

From the day we came to Applewood
We've been the apple of their eye.
There are lots of different children here,
Not one of us the same.
God gives us all the sunshine,
The caring and the rain
So that we can all grow up
In the Applewood way.

CHORUS:

Now good roots make good fruits
That's what they tell us everyday
(good roots good fruits).
But the main thing we learn and should never forget
Is that each apple blossoms in its own special way.

VERSE 2

Every single day we are pruned into shape,
for the Royals and the Goldens
Our victory to make.
Now teamwork makes the dream work,
It's the ultimate test.
And all I can give is my very best!

CHORUS REPEAT

Lyrics and music by Ian Corder
Arranged by Johani Louw